

166 Gymleco hip thrust

100 series Basic equipment



Simple yet effective as exercise for the booty muscles. This without any settings.
The movable cushion gives good support throughout the whole movement.
Can be done with your own body weight, barbell and/or resistance bands.

- No settings
- Movable cushion
- Standard frame color: black
- Standard color cushion: black / red

Lenght
150 cm

Width
73 cm

Height
50 cm

Weight
43,5 kg

No maintenance needed
Clean with gentle detergents

Gymleco®